

Product Information Sheet

Prod. NO	GTIN	Pack Size	Serves / Pack	Date Marking	Shelf Life	Division	Brand	Sub Brand	Type	Sub Type
101592	9300605003811	750G	37	Best Before	18	HOT & COLD BEVERAGES	MILO		DRINK POWDER	STANDARD

Product Name	NESTLÉ MILO
Product Description	Formulated Supplementary Food

Product Shot



Packaging

Pack Type	Packaging Description	GTIN	Pack No.	Dimension	Gross Weight
Retail Pack	MILO 8x750g AU	9300605003811	43806421		
	Tray Corrugated MILO 8x750g 05/14	19300605130200	43605218		
	Label Paper Sticker PR Champions	Champions promo	43698699		

Ingredients

EXTRACT OF MALT **BARLEY** (16%) OR MALT **BARLEY** AND RICE (TOTAL EXTRACT 35%), **MILK** SOLIDS, SUGAR, COCOA, MINERALS (CALCIUM, IRON), MALTODEXTRIN (CORN), VITAMINS (C, B3, A, B6, D, B2, B12), EMULSIFIER (**SOY** LECITHIN).

CONTAINS GLUTEN, MILK AND SOY.

Allergens

Allergen Name	Formulated Into Product	Via Cross Contact
Milk and milk products	✓	
Soy and soy products	✓	
Barley and barley products	✓	
No Known Cross Contact Allergens		✓

Nutritional Information

NESTLÉ MILO							
Servings Per Pack: 37 Serving Size: 20g	per 20g Serving	per 100g	per 20g with 200mL Skim Milk	(%DI †) per 20g with 200ml Skim Milk	per 100ml (prepared with 200ml Skim Milk)	per 100ml (prepared with 200ml Reduced Fat Milk)	Average Quantity per Serving100g
Energy	330 kJ	1670 kJ	640 kJ	7%	290 kJ	340	
	79 Cal	400 Cal	153 Cal		69 Cal	81	
Protein	2.4 g	11.9 g	9.8 g	20%	4.5 g	4.5	
Fat-total	2.0 g	10.0 g	2.2 g	3%	1.0 g	2.0	
- Saturated	1.2 g	6.1 g	1.3 g	5%	0.6 g	1.3	
Carbohydrate	12.9 g	64.5 g	22.9 g	7%	10.4 g	11.4	
- Sugars	9.3 g	46.4 g	19.3 g	21%	8.8 g	9.8	
Sodium	24 mg	120 mg	125 mg	5%	56 mg	44	
			%RDI**		%RDI**		
Riboflavin (B2)	0.32 mg	1.59 mg	0.69 mg	40%	mg		
Niacin (B3)	2.5 mg	12.5 mg	2.6 mg	26%	mg		
Vitamin B6	0.4 mg	2.0 mg	0.4 mg	25%	mg		
Vitamin B12	0.4 µg	2.0 µg	0.4 µg	20%	µg		
Vitamin C	9 mg	44 mg	11 mg	28%	mg		
Vitamin D	3.2 µg	16.1 µg	3.2 µg	32%	µg		
Calcium	170 mg	830 mg	400 mg	50%	mg		
Iron	3.6 mg	18 mg	3.6 mg	30%	mg		
Phosphorus	130 mg	670 mg	330 mg	33%	mg		
All values specified are averages RDI - Recommended Dietary Intake † Percent Daily Intakes are based on an average adult diet of 8700kJ MILO prepared with skim milk has a Health Star Rating of 4.5 stars. When made with reduced fat milk the rating is 3 stars.							

Statements and Claims

Australian Made

Glycemic Index

® of GI Symbol Reg. Trademark of Glycemic Index Foundation.

UTZ Certified cocoa

By buying UTZ certified cocoa, Nestlé supports sustainable cocoa farming. UTZ certified farmers implement better farming practices with respect for people and planet. www.utzcertified.org

LOW GI*:

To provide sustained energy to keep you going for longer^

Source of Protein

to help nourish growing muscles^

8 Vitamins and minerals

8 Vitamins and Minerals to support effective energy release in the body^

^ When MILO and milk is consumed as part of a healthy diet containing a variety of foods

Activ-Go®

LOW GI

SOURCE OF PROTEIN

8 VITAMINS AND MINERALS

GI = 36 (low) made with reduced fat milk

GI = 39 (low) made with skim milk

GOOD FOOD GOOD LIFE

Good to remember: A glass of MILO and milk is a great source of nourishing energy Good to know: MILO boosts the calcium of milk by 70% (NUTTAB 2010)

Preparation or User Instructions

GREAT HOT OR COLD. Simply place 3 heaped teaspoons of MILO into a glass. Add COLD or HOT (not boiling) skim milk and stir.

Country Origin Statement

MADE IN AUSTRALIA BY EST. 470.

Country of Origin Labelling



**Made in Australia from at least 85%
Australian ingredients**

Storage Instructions

STORE IN A COOL DRY PLACE. REPLACE LID SECURELY AFTER USE. USE A DRY SPOON. AFTER OPENING, WE RECOMMEND THIS PRODUCT BE CONSUMED WITHIN 8 WEEKS

PACK. NO

43806421

Contact Details

Company	Address	Suburb	State	Postcode	Country
Nestlé Australia Ltd,	1 Homebush Bay Dr,	Rhodes	NSW	2138,	Australia.

Consumer Contact Phone

In Australia call 1800 025 361

Recycle Labelling

Recycle Logo



Australasian Recycling Label

Health Star Rating



Status: Active

Effectivity: 22/03/2018

Date of Issue: 02/01/2020 @ 10:11

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Disclaimer: This information is correct at date of issue and may be subject to change. Please check the product label before consuming product.