



A&T

VEGETARIAN DIM SIMS

Vegan Friendly



Nutrition Information

Servings per package: 6
Serving size: 160gm - 2 pieces(80g) 4 pieces(40g)

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	888kj	552kj
Protein	5.7g	3.5g
Fat, total	6g	3.8g
- saturated	0.9g	0.6g
Carbohydrate	30.4g	19.0g
- sugars	3.7g	2.3g
Sodium	601mg	376mg

Features & Benefits

- ✓ 3 different vegetables shredded and rolled in a rice paper pastry.
- ✓ A true vegetarian & vegan product.
- ✓ 4 way cook - steam, deep fry, oven bake or microwave.
- ✓ Portion control for convenience.

Cooking: **Deep-fry** from frozen at 180°C for approximately 7 minutes (80gm) 4 minutes (40gm) or 4 minutes (80gm) 2.5 minutes (40gm) if thawed. Spray Dim Sims with oil spray and **Oven Bake** at 220°C from frozen for 20 minutes. **Steam** from frozen for 13 minutes (80gm) or 10 minutes

80g Code: DS1 **Packed:** 10 x 1 doz

40g Code: DS2 **Packed:** 10 x 2 doz

INGREDIENTS: Vegetables 38.1%, cabbage, carrot, shallot, wheat flour, corn starch, vermicelli (mung bean flour, water) water, soybean oil, tapioca starch, salt, sesame oil, soy sauce, ginger, sugar, black pepper.

ALLERGY ADVICE: Contains: Gluten, soybean & sesame. May also contain traces of: crustacean, peanut.



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Royal
Dragon

