

# Product Ingredient Listing Report

Manufacturer: Mario's Pastizzi

## Product: Ricotta Cheese Pastizzi

Size: 600g

### Ingredients List

Flour [**Wheat Flour**, Thiamine, Folic Acid], Ricotta (30%) [Pasteurised **Milk**, Whey, Salt, Non-animal Rennet, Food Acid (260,270), Starter Culture], Water, Vegetable Margarine [Vegetable Oils and Fats], Water, Salt, Emulsifier (322 (**Soy** Derived), 471), Natural Flavour, Acidity Regulator (330), Natural Colour (160a), Antioxidant (306 (**Soy**)), Thickener (1422)

### Allergen Listing:

"This product contains the following allergens:

Gluten, Dairy, Soy

May contain Traces: Nuts, Egg

### Barcode:



NUTRITION INFORMATION			
Servings per package:	12		
Serving size:	50g (approx)		
	AVERAGE QUANTITY PER SERVING	% DAILY INTAKE*	AVERAGE QUANTITY PER 100G
Energy	895 kJ (188 Cal)	18%	1390 kJ (332 Cal)
Protein	5.0g	10%	9.9g
Fat, Total	8.0g	11%	16.0g
- Saturated	4.7g	20%	9.4g
- trans	LESS THAN 0.2g		0.6g
- polyunsaturated	0.6g		1.1g
- monounsaturated	2.6g		5.2g
Carbohydrate	18.1g	6%	36.2g
- Sugars	1.8g	2%	3.6g
Dietary Fibre, Total	0.9g	3%	1.8g
Sodium	210mg	8%	420mg

\*Percentage Daily Intakes are based on an average adult diet of 8700kJ. Your daily intakes may be higher or lower depending on your energy needs.

This ingredient listing is calculated using the recipe supplied as being a typical example of the product.

It should be revised if the recipe is altered or if ingredients actual composition is known to be different from typical.

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