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## PAR BAKED JAM DONUTS

NUTRITION INFORMATION		
Servings per package: 100		
Serving size: 50g		
	Average Quantity per serving	Average Quantity per 100g
Energy	650kj	1300kj
Fat	2.8g	5.6g
Saturated Fat	1.3g	2.6g
Mono Unsaturated Fat	1.0g	2.0g
Poly Unsaturated Fat	.5g	1.0g
Trans fat	<0.1g	<0.1
Total Carbohydrate	27.75g	55.5g
Total Sugars	9.7g	19.4g
Dietary Fibre	1.35g	2.7g
Sodium	165mg	330mg

### Ingredients:

Flour, Water, Sugar, Vegetable Oil, Salt, Yeast, Improver,  
Soya Flour, Vinegar, Cinnamon,  
Apple Raspberry Jam (Apples, Pectin, Food Acid (330), Colours  
(122,124,150C), Preservative (202), Raspberry Flavour)  
Contains no dairy, eggs or nuts

**Product does contain Wheat  
and Soy**

### Cooking instructions

Simply heat oil to 180 degrees  
Place donuts into oil Jam side down first  
Cook for approximately 30sec - 1min on each side or until golden brown  
Drain and roll in sugar

### Shelf Life

**Refrigerated** – 2 Weeks from  
packed on date

**Frozen** – 12 Months from  
packed on date

**Maymax code:** MM100

### Pallet Configuration:

9 cartons per layer  
6 layers per pallet (54 cartons)  
1080mm x 1080mm x 1260mm  
270kgs

### Box measurements:

34cmL x 34cmW x 21cmH

**Barcode:** 19316859000008

