

Just Right® Original e740 g 1005510582

A blend of grains, sultanas and apricot pieces. OR for small packs: Breakfast cereal

NUTRITION INFORMATION (AVERAGE)

Serving per package: 18
Serving size: 40 g (2/3 metric cup)

	Quantity per serving	% Daily intake Δ per serving	Quantity per 100g
Energy	600 kJ	7 %	1510 kJ
Protein	3.2 g	6 %	7.9 g
Fat, total	0.9 g	1 %	2.3 g
- saturated	0.2 g	1 %	0.6 g
Carbohydrate	28.4 g	9 %	70.9 g
- sugars ^	9.2 g	10 %	22.9 g
Dietary fibre	4.0 g	13 %	10.0 g
Sodium	12 mg	0.5 %	30 mg
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		%RDI*	
Riboflavin (Vit B2)	0.42 mg	25 %	1.06 mg
Niacin (Vit B3)	2.5 mg	25 %	6.2 mg
Vitamin B6	0.4 mg	25 %	1.0 mg
Folate	50 µg	25 %	125 µg
Iron	3.0 mg	25 %	7.5 mg
Zinc	1.2 mg	10 %	3.0 mg

Δ Percentage daily intakes are based on an average adult diet of 8700 kJ.

* Percentage Recommended Dietary Intake (Aust/NZ)

^ Over 1/2 the sugar in this product is from the fruit

Ingredients

Whole grains (64%)(wheat, oats), fruit (sultanas [12%], apricot pieces [5%] [concentrated apricot puree, concentrated apple puree, invert sugar, humectant (glycerol), sugar, wheat fibre, gelling agent (pectin), acidity regulator (296), natural flavour, colours (turmeric, paprika)], sugar, puffed triticale (wheat), wheat flour, barley malt extract, salt, natural flavour, minerals (iron, zinc oxide), vitamins (niacin, vitamin B6, riboflavin, folate).

Contains gluten, wheat.

May contain peanuts, tree nuts.

Health Star Rating: 4.0

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Allergen Information

Contains added sulphites (10mg/kg or more)	No
Contains gluten	Yes
Contains wheat	Yes
Contains tree nuts and tree nut products	Trace
Contains crustacea and their products	No
Contains egg and egg products	No
Contains fish and fish products	No
Contains lupins	No
Contains milk and milk products	No
Contains molluscs	No
Contains peanuts and peanut products	Trace
Contains sesame seeds and sesame seed products	No
Contains soybeans and soybean products	No

Please refer to ingredient statement for cross contact information

Country Of Origin Labelling

Made in Australia from at least 82% Australian ingredients.
80% Australian Ingredients (Bar Chart)

General Food Information

Shelf Life: 365 days

Storage and Use: Store in a cool dry place

Dietary Lifestyle Claims

Vegan Suitable
Vegetarian Suitable