



A&T

PANKO CAULIFLOWER

Vegan Friendly



Nutrition Information		
Servings per package: 10 Serving size: 4 pieces (100gm)		
	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	813kj	813kj
Protein	3.64g	3.64g
Fat, total	13.1g	13.1g
- saturated	1.31g	1.31g
Carbohydrate	11.8g	11.8g
- sugars	2g	2g
Sodium	369mg	369mg

- ### Features & Benefits
- ✔ Tender florets of cauliflower coated in A&T's crunchy Panko breadcrumbs.
 - ✔ A&T Panko Cauliflower is an ideal product for menu side items, appetizers, entrees, finger food, share plates & mixed platters.
 - ✔ Suitable for pubs, clubs, cafes, restaurants, caterers & food trucks.
 - ✔ Vegan Friendly and portion control for convenience.


Cooking: **Deep Fry** from frozen in preheated oil of 180°C for 4-4½ mins. **Oven Bake** from frozen in preheated conventional oven at 200°C on a baking rack, bake for 12-13 minutes. Carefully turning after 6-6½ mins.

Size: 20-40gm / 33 pieces per kg x 30gm(average)

Packed: 5 x 1kg

Code: CRUM41

INGREDIENTS: Cauliflower (50%), water, **wheat** flour, **soybean** oil, starch, salt, **soy** flour, palm oil, **wheat** gluten, yeast, flavour enhancer (E621), vegetable gum (E1420, E412, E415), mineral salt (E450i, E500ii, E510, E341iii), flour treatment agent (E516, E1100), antioxidant (E300).
ALLERGY ADVICE: Contains: wheat, gluten, soybean.

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