



We preserve nature's gifts

Ardo Corn Cobs 1/4

4330

Premium quality corn cobs, frozen fresh for superior consistency and flavour.

- * Suitable for Vegans
- * No Preservatives
- * No Additives
- * Source of Fibre

Ideal for:

Cafes, restaurants, QSR, clubs, hotels, catering, hospitals, canteens and institutions.



Certifications:

HACCP Certified. GMO Free.

Product Information

Code	Product	Units/Carton	Width
4330	Ardo Corn Cobs 1/4	4 x 2.5kg (10kg)	33mm Approx.

Nutrition Information

Servings per pack: 10
Serving size: 100g

	Avg Qty per serving	Avg Qty per 100g
Energy	517kJ	517kJ
Protein	3.8g	3.8g
Fat -Total	1.6g	1.6g
-Saturated	0.2g	0.2g
Carbohydrate	21.6g	21.6g
Sugars	2.3g	2.3g
Fibre	3.2g	3.2g
Sodium	0mg	0mg

Cooking Instructions Cook Before Consumption

Method 1 (Preferred preparation method)

Boil: Add corn cobs to boiling water. Return to the boil and simmer for 8-10 minutes.

Method 2

Microwave: Place corn cobs into a microwave safe container. Add water and cover. Cook on high for 7-9 minutes, turning cobs half way during cooking time.

Also suitable for barbequing.

Storage: Keep frozen at or below -18°C

Frozen Shelf Life: 2 Years from production

Chilled Shelf Life: Not recommended

Ingredients: Corn Cobs (100%)

Allergens: None

Product of France





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Packaging

Packaging Configuration **4 x 2.5kg (10kg)**

Inner:



Packaging Type: Printed Food Grade Plastic Bag

Barcode: 5411361084830

Outer:

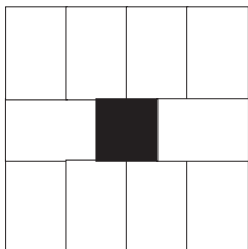


Packaging Type: Cardboard Carton

Barcode: 05411361084847

Dimensions: 390mm(L) x 260mm(W) x 240mm(H)

Pallet Configuration



10B1

10 Cartons per layer

4 Layers per pallet

40 Cartons per pallet