

DICED AVOCADO



NO ARTIFICIAL COLOURS, FLAVOURS OR ADDITIVES.



Create menus that are full of colour and flavour but with less preparation time, no mess and no waste.

New Fresh Farms Diced Avocado meal suggestions include wraps, tacos, burritos and salsas.

PRODUCT DETAILS

INGREDIENTS

99% Avocado. Preservative (223)

STORAGE INSTRUCTIONS

Individually Quick Frozen.
Store Below 18°C.
Use within 4 days of opening.

PACKAGING SPECIFICATIONS

Individual Bags: 1 kg
Carton: 6 x 1 Kg Bags

NUTRITIONAL INFORMATION

Serves per pack: 33.33 Serving Size: 30g

AVERAGE QUANTITY	PER SERVING	PER 100G
Energy	165 kJ (39 Cal)	543 kJ (130 Cal)
Protein	0.5 g	1.6 g
Gluten	Not Detected	Not Detected
Fat, Total	3.4 g	11.2 g
Cholesterol	0 mg	0 mg
Carbohydrate	1.8 g	5.8 g
Dietary Fibre	1.7 g	5.7 g
Sodium	0.6 mg	2 mg